

Bulletin #1

April 2017



The 1st European Gym for Life Challenge 2018
will take place in Liège, Belgium
14 July 2018





Alberto
Claudino Nunes

President of the UEG TC GfA

Dear gymnastics friends,

The beautiful city of Liège will host the first edition of European Gym for Life Challenge (EGFL) ! Belgium and Liège will be forever linked to this new event of European Gymnastics !

The Technical Committee of Gymnastics for All (TC GfA) of UEG is sure that the EGFL will be a great success. The format and the concept of the "Challenge" are very appealing to the Gymnastics groups and Liège is the perfect city to host this historical edition of the European Gym for Life Challenge !

TC GfA knows that the Local Organizing Committee, the Belgium Gymnastics Federation, the Regional Gymnastics Association, the local authorities and the local clubs are doing their best to organize a great event !

Don't miss the opportunity to be part of the history of European Gymnastics !

Welcome to the 1st European Gym for Life Challenge !



Jacqueline
Quirin-Herbrand

Co-President of the Royal Belgian Gymnastics Federation

In anticipation of the 11th edition of the Eurogym in Liège, we are honored and happy to be able to invite you to the 1st edition of the European Gym for Life Challenge.

If the appreciation of qualified experts must bring valorization and recognition to your gymnastics productions for all the work provided and invested, this challenge is for you.

So, for all the groups who want to join us in Liège to participate at the Eurogym, do not miss the opportunity to complete this great experience by taking part at the Gym For Life Challenge and thus to further enhance their performance.

A great opportunity to visit the fiery city at the confluence of Europe ! Many activities are offered and enchanting sites are not lacking ! Wherever you take your steps, whichever way you go, it will take you to historic places of interest. Especially let yourself be surprised by the regional gastronomic diversity and the joie de vivre of the brave Liégeois. The list of tourist attractions is as long as varied.

Liège, the birthplace of international gymnastics, is looking forward to receive you with a warm welcome, which will make your stay an unforgettable experience.

ALL ROUTES LEAD TO LIÈGE



- Liège is situated on the East Side of Belgium
- There are 2 main airports in Belgium : Brussels South Charleroi airport and Brussels Airport
- Airports of Maastricht and Weeze (Dusseldorf) are also possibilities to come to Liège
- From Brussels South Charleroi airport to Liège : 1,5 hours with the train
- From Brussels airport to Liège : 1 hour with the train
- From Maastricht (NLD) to Liège : 0,5 hours with the train
- From Weeze (Dusseldorf) to Liège : 2 hours with the train



WELCOME TO LIEGE



Liège is a thousand-year-old city that conceals countless of treasures to discover.

The river Meuse, which goes through the city from South to North, the steep and wooded hills who are surrounding it, its sharp relief which increases the original lights as well as the typical areas are giving to the city surprising charms.-

A very present folklore kept alive by a cheerful population always ready to feast, lively areas and a large number of restaurants do achieve to make of it a must-visit stopping place of Belgium, not counting an intense cultural and artistic life and a significant architectural patrimony.

For the shopping addicts, all kind of shops are grouped together in the city center and the pedestrian streets: renowned fashion designer, young milliners, department stores, designers, delicatessen...

There you will find everything you are looking for, and no doubt everything you are not looking for. The « Marché de la Batte » is the biggest and the oldest market of Belgium, a veritable institution



The colored market stands propose fruit and vegetables, cheese, cloths, flowers, books ... under the calls of the stallholders who praise the price and the freshness of their products in Walloon.

Liège and Sport, it's a long story! A decade ago, Liège has received three Euro 2000 matches. 12, 18 and 21 June are still very present in the football fans memories. The Town also was twice the starting point of the Tour de France: in 2004 and in 2012, and each year, she is receiving a staging point.



Liège counts so many good eating places that the most difficult remains the choice where to go. From the small cheap tasty dish to the « de luxe » dinner, from the local specialties to the most exotic of dishes, you will always find food suitable to your wishes.

Architecturally the Town of Liège isn't outdone. It owns one of the most beautiful archaeological collection of the world as well as collections of weapons, religious art, decorative arts and art of glass making. The art galleries from Liège conceal discoveries such as, for example, the Aquarium-Museum of the University of Liège, center of excellence of the animal biodiversity, or the Grand Curtius proposing exhibitions throughout the year to highlight one or another aspect of the museum collections from Liège.



WHY AN EGFL ?

The Executive Committee of the UEG has decided to add a new GfA event to the UEG programme. The event called «European Gym for Life Challenge» will be held for the first time in 2018 in Liège, Belgium.

With this new event, the UEG wants to develop the Gymnastic for All by inviting all groups of all ages to participate in a gymnastics festival that will be an unprecedented moment of sharing and exchange.

The EGFL will offer to gymnastics groups the opportunity to participate in a Challenge and have their programme evaluated. It will be the best way to improve the quality of group performances by evaluating the performances and giving feedback to the groups, including advices on how to improve.

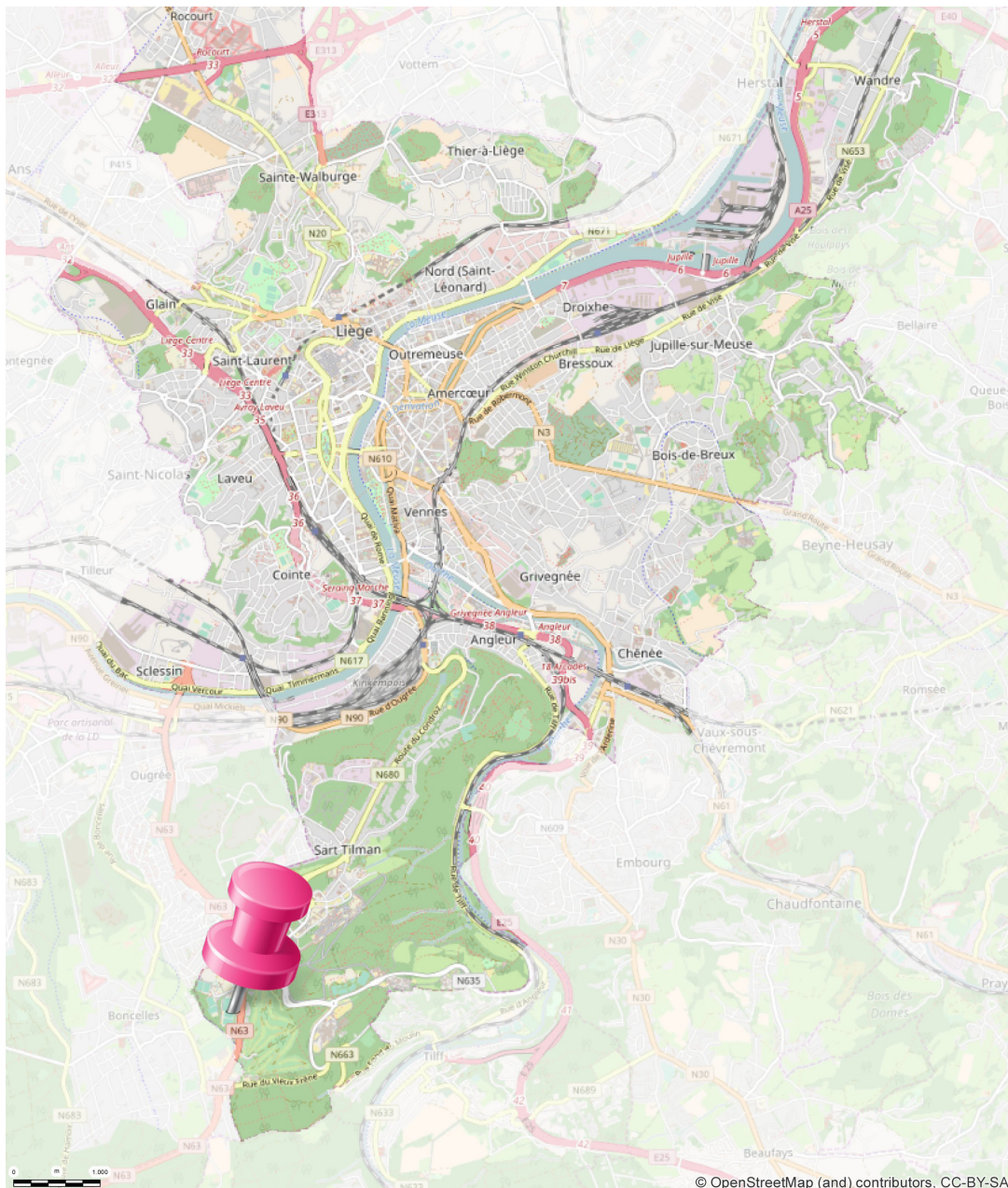
Moreover, the EGFL will be the opportunity to create an interesting and exciting event in gymnastics, both for the gymnasts and for the audience and create a further tool in the field of choreography and to share the “know how” in order to enhance the entire field of group performances/displays.



WHERE WILL TAKE PLACE THE EGFL?

The 1st European Gym for Life Challenge 2018 will take place in Liège, in the Hall of le Bois Saint Jean.

The hall can be used for various national and international sports events ranging from basketball to tennis, gymnastics, or boxing. It will be the perfect place to host the first edition of the European Gym For Life Challenge.



SOURCES : OSM - Ville de Liège

AUTHOR : Cellule Cartographie -MD Ville de Liège - Département de l'Urbanisme



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CONDITIONS OF PARTICIPATION

The groups present a performance of a maximum of three minutes, including entering and exiting the stage.

A group has to be composed of at least six gymnasts. **The participants must be at least 12 years old.**

EVALUATION

Each performance will be evaluated according to the following criteria:

- Entertainment value
- Innovation, originality and variety
- Technique, quality and safety
- Overall impression

The evaluation will be carried out by a panel of 4 experts who are experienced in the fields of performance, artistry, technique and choreography. This panel is selected by the TC-GfA.

INSCRIPTIONS

The National Federations can register as many groups as they like. The registration of interest should be sent to the LOC before the 14th of July 2017.

Provisional registrations must be sent on the official forms to the LOC before the 14th of November 2017. The provisional registration is officially accepted and confirmed when the payment of 10% of the participation fee has been paid to the LOC. The 10% of the participation fee is not refundable.

Before the 14th of April 2018, the LOC must have received the definitive registrations from the National Federations as well as the rest of the participation fee.



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PRELIMINARY SCHEDULE

12/07/2018	13/07/2018	14/07/2018	15/07/2018
Arrival	Arrival	Gym For Life Challenge	Departure or Beginning of the Eurogym 2018

Detailed information will be provided in Bulletin n°2

PARTICIPATION CARD

The official opening dates for the final bookings will be published in Bulletin no 2.

Participation card «Gym For Life Challenge»

Fees:

- If you take part in Eurogym : 50€ in addition to 275€

Included:

- School accommodation for one night (Friday)
- Meals on Saturday (breakfast - lunch - dinner)
- Participation in Gym For Life Challenge

- If you don't take part in Eurogym : 90 €

Included:

- School accommodation for two nights (From Friday to Sunday)
- Breakfast on Saturday and Sunday, lunch and dinner on Saturday, dinner on Friday or lunch on Sunday
- Participation in Gym For Life Challenge

If you want, it will also be possible to stay in a hotel. For this, it will cost 80 € per night (breakfast included) in addition to the participation card.

A meeting of the delegations from the 12th of the 14th of May 2017 will be the occasion to present the whole structure of the organization of 2018 as well as the European Gym For Life Challenge and Eurogym projects in details.

TRANSPORT

BY AIR - BY TRAIN - BY BUS

By air

Optional shuttles from/to the airport:

- Brussels National Airport (90 kms),
- Brussels South Charleroi Airport (85 kms),
- Maastricht Airport (40 kms),
- Köln Airport (130 kms),
- Düsseldorf Airport (130 kms)

By Train

It is easy to travel to Liège by train. There are frequent connections, both international and domestic.

By Bus

With your own bus or car it is easy to travel to Liège from all over Europe.

IN LIEGE

Most facilities within the city are at walking distance. If not, busses will be provided. Our intention is also that all participants will be able to use the local busses with their attendance cards.

Special shuttles will also be available when needed.



ACCOMMODATION - CATERING

Accommodation in schools is provided for all participants and is included in the participation fee. Liège has many schools in the city centre. If you want, it will also be possible to stay in a hotel during the EGFL. The Local Organizing Committee has negotiated this opportunity for the older participants with a hotel ideally located in the heart of Liège.

Through our volunteers and a safety/security agency there will be 24-hour service at all schools and security will be provided at all times. All schools are inspected by the fire authorities and approved for overnight accommodations.

All participants must bring their own sleeping (inflatable) mattress and sleeping bag.

Breakfast is served at each schools or at the main venue if it is not possible to serve a breakfast in a school. Lunch and dinner are served at the main venue (Palais des Congrès).



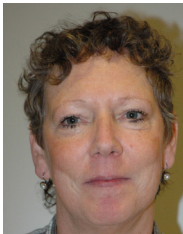
SOME KEY FACES OF THE LOC



Arlette Radu
Head of Logistics



Adolphe Gaillard
Administration & Finances



Anne Adam
Head of Catering



Yannick Dequirez
Head of Communication & Marketing



Gérard Georges
Relations with the public authorities



André Sumkay
Head of the Technical program



Didier Lefebure
Head of Gym For Life Challenge & UEG Gala



Roger Cloux
Head of transport



Guy Caprace
Head of volunteers



Christophe Dortu
Head of LOC



info@eurogym2018.com

www.egfl2018.com

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